

Gambling doesn't have a face.  
Anyone can be affected.

Gambling can cause problems in lots of ways. They can be invisible and hidden for many years.

This may include things like:



Financial problems



Relationship difficulties



Health problems, such as difficulty sleeping




Emotional or psychological distress



Reduced performance at work or study


Call Gambling Help for free,  
confidential support, available 24/7

 1800 858 858

For support in other languages



Call the Multicultural Problem Gambling Service

 1800 856 800

